Joan Nuevo

> PERSONAL TRAINER

> COACH

Buaredsvägen 11, Asa

+34 657640136
jnuevo13@gmail.com

OBJECTIVE

My objective is always become better and make people be better everyday. I never give up, I push until we reach the goal. Or everything or nothing. I want to be a wolf in a world of sheep.

EXPERIENCE

24/07/2017 – 29/07/2017

FEDERACION DE BASQUET DE LAS IB

> U16 Selection Coach PRO ELITE

12/09/2017 – 18/04/2018

ADECCO

> SCHOOL BUS COMPANION

11/08/2018 – 13/08/2018

KRISVI EXPLOTACIONES S.L.

> BARMAN

19/04/2018 – 6/09/2018

APARTAHOTEL ROYAL SON BOU FAMILY CLUB 4*

> ANIMATOR AND FITNESS CORDINATOR

06/11/2018 – 30/05/2019

HOTEL JARDÍN TECINA GOLF CLUB 4*

> FITNESS DIRECTOR

EDUCATION

(22/06/2016)
CEPA Joan Mir i Mir, Menorca

High School

> Average grade: 8

(2016)

Basketball Federation

L1 Basketball Coach

(2016)

Ateneu Científic, Literari i Artístic de Maó.

INTENSIVE COURSE OF AUDIOVISUAL

(2016)
Instituto de Ejercicio Físico y Salud Barceló Pueblo Menorca (IESA)

Healthy Back

> Dr. Serrano (Spain's King physiotherapist)

(2017)
Instituto de Ejercicio Físico y Salud Barceló Pueblo Menorca (IESA)

Healthy Wheight

> Dr. Serrano (Spain's King physiotherapist) 6h

(20/05/2017)
Five Stars Health and Fitness School

5th International Fitness Congress

> 4h

(20/10/2017 – 22/10/2017)
Wellness and Health School

X Wellness and Health Congress

> 2 Days

(23/11/2018)
Five Stars Health and Fitness School

EQF3 Fitness Instructor

(04/05/2019)
Five Stars Health and Fitness School

EQF4 Personal Trainer

REFERENCES

- > Car license B1 and A1
- > English certificate C1
- > Spanish Native
- > Catalan Native
- > Italian C1
- > I have more than 4 years of experience in personal and group training. Mainly in basketball/football clubs, but also private and personal trainings.
- > I have more than 5 years in Basketball coaching and referee.
- > I have more than 120h in Basketball and fitness camps.
- > I have 1 year of experience in 3rd basketball division (EBA professional league in Menorca)